

SUBJECTNEST · FOUNDATION MUSIC

One steady beat can hold one or two short sounds

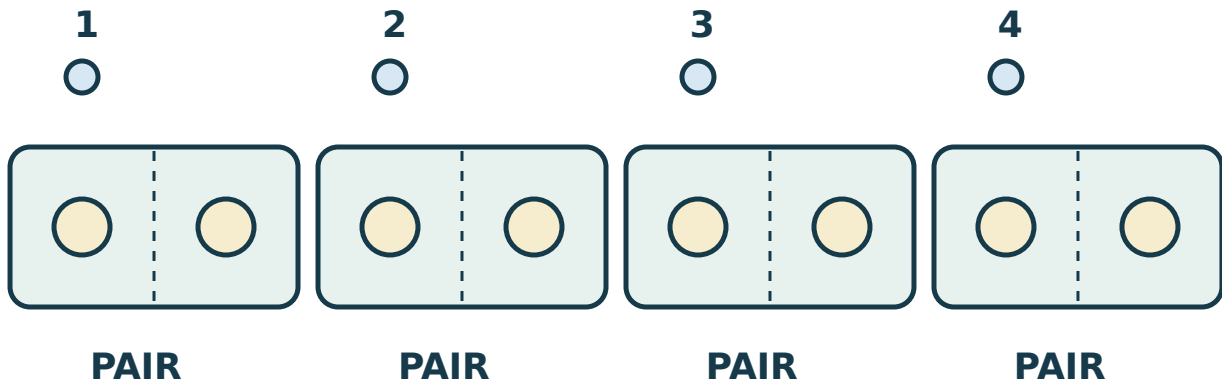
C · Four beats, eight sounds

ONE = ONE SOUND / PAIR = TWO INSIDE ONE BEAT

Dots above the rhythm mark the four even beat starts.

MY FOUR-BEAT RHYTHM

FOUR BEAT STARTS



Four beats continue at the SAME steady pace.

PAIR / PAIR / PAIR / PAIR.

Two short sounds fit inside each beat.

More sounds does not mean faster beats.